















2   15 MON	2   16 TUE	2   17 WED	2   18 THU	2   19 FRI	2   20 SAT	2   21 SUN	2021 WEEK 8
-7	7	7	7	7	7	7	
-9	9	9	9	9	9	9	
-10	10	10	10	10	10	10	
-11	11	11	11	11	11	11	
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-20	20	20	20	20	20	20	
-21	21	21	21	21	21	21	
-22	22	22	22	22	22	22	
-23	23	23	23	23	23	23	
-26	26	26	26	26	26	26	



















4   26 MON		4   27 TUE		4   28 WED		4   29 THU		4   30 FRI		5   1 SAT		5   2 SUN				2021 WEEK 18	
-7		7		7		7		7		7		7					
-9		9		9		9		9		9		9					
-10		10		10		10		10		10		10					
-11		11		11		11		11		11		11					
-12		12		12		12		12		12		12					
-13		13		13		13		13		13		13					
-14		14		14		14		14		14		14					
-15		15		15		15		15		15		15					
-16		16		16		16		16		16		16					
-17		17		17		17		17		17		17					
-18		18		18		18		18		18		18					
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-20		20		20		20		20		20		20					
-21		21		21		21		21		21		21					
-22		22		22		22		22		22		22					
-23		23		23		23		23		23		23					
-26		26		26		26		26		26		26					

5   3		MON	5   4		TUE	5   5		WED	5   6		THU	5   7		FRI	5   8		SAT	5   9		SUN			2021	
																							WEEK 19	
-7						7					7					7					7			
-9						9					9					9					9			
-10						10					10					10					10			
-11						11					11					11					11			
-12						12					12					12					12			
-13						13					13					13					13			
-14						14					14					14					14			
-15						15					15					15					15			
-16						16					16					16					16			
-17						17					17					17					17			
-18						18					18					18					18			
-19						19					19					19					19			
-20						20					20					20					20			
-21						21					21					21					21			
-22						22					22					22					22			
-23						23					23					23					23			
-26						26					26					26					26			





























8   16		MON	8   17		TUE	8   18		WED	8   19		THU	8   20		FRI	8   21		SAT	8   22		SUN		2021		
																						WEEK 34		
-7			-7			-7			-7			-7			-7			-7						
-9			-9			-9			-9			-9			-9			-9						
-10			-10			-10			-10			-10			-10			-10						
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-12			-12			-12			-12			-12			-12			-12						
-13			-13			-13			-13			-13			-13			-13						
-14			-14			-14			-14			-14			-14			-14						
-15			-15			-15			-15			-15			-15			-15						
-16			-16			-16			-16			-16			-16			-16						
-17			-17			-17			-17			-17			-17			-17						
-18			-18			-18			-18			-18			-18			-18						
-19			-19			-19			-19			-19			-19			-19						
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-21			-21			-21			-21			-21			-21			-21						
-22			-22			-22			-22			-22			-22			-22						
-23			-23			-23			-23			-23			-23			-23						
-26			-26			-26			-26			-26			-26			-26						



8   30		MON	8   31		TUE	9   1		WED	9   2		THU	9   3		FRI	9   4		SAT	9   5		SUN		2021 WEEK 36	
-7			7			7			7			7			7			7					
-9			9			9			9			9			9			9					
-10			10			10			10			10			10			10					
-11			11			11			11			11			11			11					
-12			12			12			12			12			12			12					
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-14			14			14			14			14			14			14					
-15			15			15			15			15			15			15					
-16			16			16			16			16			16			16					
-17			17			17			17			17			17			17					
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-19			19			19			19			19			19			19					
-20			20			20			20			20			20			20					
-21			21			21			21			21			21			21					
-22			22			22			22			22			22			22					
-23			23			23			23			23			23			23					
-26			26			26			26			26			26			26					

















2021 WEEK 45						
11   1 MON	11   2 TUE	11   3 WED	11   4 THU	11   5 FRI	11   6 SAT	11   7 SUN
-7	7	7	7	7	7	7
-9	9	9	9	9	9	9
-10	10	10	10	10	10	10
-11	11	11	11	11	11	11
-12	12	12	12	12	12	12
-13	13	13	13	13	13	13
-14	14	14	14	14	14	14
-15	15	15	15	15	15	15
-16	16	16	16	16	16	16
-17	17	17	17	17	17	17
-18	18	18	18	18	18	18
-19	19	19	19	19	19	19
-20	20	20	20	20	20	20
-21	21	21	21	21	21	21
-22	22	22	22	22	22	22
-23	23	23	23	23	23	23
-26	26	26	26	26	26	26



































3   7		MON	3   8		TUE	3   9		WED	3   10		THU	3   11		FRI	3   12		SAT	3   13		SUN			2022 WEEK 11	
-7			-7			-7			-7			-7			-7			-7						
-9			-9			-9			-9			-9			-9			-9						
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-11			-11			-11			-11			-11			-11			-11						
-12			-12			-12			-12			-12			-12			-12						
-13			-13			-13			-13			-13			-13			-13						
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-16			-16			-16			-16			-16			-16			-16						
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-21			-21			-21			-21			-21			-21			-21						
-22			-22			-22			-22			-22			-22			-22						
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-26			-26			-26			-26			-26			-26			-26						









4   11		MON	4   12		TUE	4   13		WED	4   14		THU	4   15		FRI	4   16		SAT	4   17		SUN		2022 WEEK 16	
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-10			10			10			10			10			10			10					
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-12			12			12			12			12			12			12					
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-18			18			18			18			18			18			18					
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-20			20			20			20			20			20			20					
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-23			23			23			23			23			23			23					
-26			26			26			26			26			26			26					